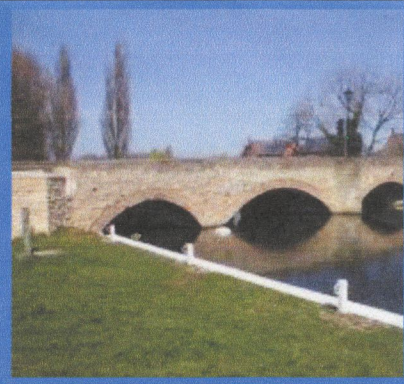


Thrapston & District



This is a short bulletin for February; a fuller update will be issued in March. For details of the groups, please refer to the January newsletter and contact the Group Leader for an update.

With best wishes, Glyn Hill glynishill06@aol.com

Tai Chi

Linda Vickerman organised a successful planning meeting last week and it has been decided that there will be fortnightly sessions at a venue to be arranged. To launch the group Dominic Rushmore, an experienced Tai Chi leader, has agreed to run a starter session on Thursday March 7th 1400 to 1600 at the Plaza. The programme will allow half hour to warm up, an hour of Tai Chi with Dominic and half hour for tea and chat. ALL U3A members are welcome to come and a one-off fee of £5 per head will be charged. Please contact Linda to book a place linannvic@yahoo.co.uk 01933 380244

Gardening 1

We still have tickets available for the Edible Garden Show at Stoneleigh Park on Sunday 17th March leaving Thrapston at 9am. £10.00 (60+) tickets lifts available. £5.00 payable to the driver. All things edible to grow inc Cookery demonstrations, small holding animals. Featuring Alys Fowler, Bob Flowerdew James Wong and Rachel Green. Please contact Rachel 01832 734974 rachelk@uwclub.net

The Committee

A reminder that all positions on the Committee are available for nomination. Please contact Glyn Hill glynishill06@aol.com for further information. Nominations will close on 30 April.

Membership Meetings

- 22 February Angela Cooksley 'Upstairs and Downstairs'
- 15 March Dave Mackay 'The Story of Stanwick Lakes'
- 18 April Derek Kimberley 'The Pageantry of Ceremonial Music'

News bulletin February 2013

- Update on two groups
- What's on

Membership Meeting

Friday 22 February 10.30-12.00

The Plaza, Cosy Nook,
Thrapston

Speaker: Angela Cooksley

'Upstairs and Downstairs'

www.u3asites.org.uk/thrapston