

What's On

Tuesday 19 March	Visit to Oxford
*26 March	Marketing self-published book—U3A seminar, London
*Tuesday 9 April	U3A's Inaugural Founder's Lecture by Eric Midwinter in London details on website
Saturday 13 April	The Complete Works of Shakespeare, The Castle, Wellingborough
*10 May	Deadline for U3a Photography competition 'What makes Britain great?'
Friday 17 May	Annual General Meeting
*Wednesday 22 May	'Enrich your future—staying sharp' Royal Society
Wednesday 26 June	CATS at Milton Keynes
*13-16 September	Third Age Trust's National Conference, Nottingham
*Sunday 15 September	National U3A AGM at the East Midlands Conference Centre
*details on U3A website	

Oundle U3A Outing—Thrapston and District U3A members welcome:

A chance to see the ever popular musical '**High Society**' at Derngate **Northampton** on **Wednesday 10 April**. The performance is a **matinee** and the coach will leave the long stay car park in Oundle at 11am. The tickets are **£30** including coach and driver's tip. There are four seats left and arrangements can be made to pick up in Thrapston. If you would like to go please contact Frances Lenz 01832 273164 fwlenz@mac.com or Jacqui Gibbs 01832273881



Thrapston & District



From the Chair

Planning for the AGM

Our first AGM will take place on 17 May and we are now seeking nominations for Officers and Members of the Committee. The Steering Committee will continue to hold the fort but from then on the Committee will be elected by the members. Most of our present team have expressed an interest to stay on but as Steering Committee members they will need to go through the process of nomination and election. I have decided not to stand as Chair as my husband and I are hoping to spend this coming year travelling but I shall be delighted to continue as a Committee member if elected. Liz Treacy is also standing down as Secretary. We therefore have at least two spaces for new people, so why not consider putting your name forward? Nomination forms are attached or enclosed alongside this newsletter and we need them in by 30 April. The AGM agenda will be sent out with the April newsletter.

With best wishes, Glyn Hill glynishill06@aol.com

Membership renewal

The deadline for renewal is 30 April, please see inside for details and form.

Newsletter March 2013

- ♣ The AGM
- ♣ Membership meetings
- ♣ The Groups
- ♣ What's On

Membership Meeting

Friday 15 March

10.30-12.00

Doors open 10.25

The Plaza, Cosy Nook,
Thrapston

Speaker:

Richard Exhall
"Notes of a Professional Musician"

The Steering Committee

Chairman	Glyn Hill	01832 735797	glynishill06@aol.com
Vice Chairman	Veronica Norwood	01832 731960	vdbbaker@talktalk.net
Secretary	Liz Treacy	01832 733264	liz.treacy@talk21.com
Treasurer	Bryan Elliott	01832 734004	elliottshome@aol.com
Group Co-ordinator	David Read	01832 733407	david.d.read@btinternet.com
Membership Secretary	Jo Hancock	01933 460764	johan17@aol.com
Publicity	Rachel Thompson	01832 734974	rachelk@uwclub.net
Speaker seeker	Richard Swindall	01832 734383	richardaswindall@tiscali.co.uk
Newsletter editor	Glyn Hill	01832 735797	glynishill06@aol.com
Webmaster	Glyn Hill	01832 735797	glynishill06@aol.com

Officer posts are shown in red and these are specifically elected by members. Other roles are allocated amongst the Committee members.

The constitution allows for a maximum of 12 in the committee; four officers and 8 members. Each member may be nominated for more than one post (e.g. Officer and Committee member)

Thrapston & District U3A MEMBERSHIP APPLICATION FORM JUNE 2013 – MAY 2014

MEMBERSHIP NO.....

Name:..... Title.....

Address:.....

Postcode:..... TelephoneNumber:.....

Email:.....

Emergency contact details: ICE

Name	Relationship	Telephone	Mobile

Full Member £16 Associate Member £12.50 Full Member Group.....

All subscriptions payable by 30th April 2013

I enclose cash or a cheque (payable to Thrapston & District U3A) for **£16/£12.50**

YOUR PERSONAL DETAILS. The data you have supplied above will be held and maintained on a computer for the purposes of correspondence or contact only.

I apply for membership of the Thrapston and District U3A and confirm that I agree to abide by the conditions of membership. I confirm that my details are correct.

Signed.....

Membership Secretary's Signature.....Date.....

Member's Full Name.....

Membership Number..... Amount Paid £..... Cheque or Cash



Nomination Form 2013

I,

..... (full name) ,

hereby confirm that, if nominated, seconded and elected at the Thrapston and District U3A Annual General Meeting on 17th May 2013, I am prepared to stand as

.....

(an officer*) / a Committee Member for 2013/4.

Signed

Date

Nominated (name) (signature)

Date

Seconded (name) (signature)

Date

For additional copies of this form contact Liz Treacy liz.treacy@talk21.com or 01832 733264 or it can be downloaded from our website <http://u3asites.org.uk/thrapston>

*Officers: Chair, Vice-chair, Treasurer, Secretary

Membership renewal

The Steering Committee have proposed that the present subscription rate of £16 and £12.50 for Associate members continues. Renewal must be by 30 April as this allows for the issue of membership cards ready for voting at the AGM. Jo Hancock our membership secretary and Bryan Elliott, Treasurer, will be available to process your renewal forms at the March and April meetings. You may pay by cash or cheque. A copy of the form is on page 11. Postal renewals can be made by sending to The Membership Secretary, 70 High Street, Stanwick, Northants NN9 6QA

Membership Meetings

- 15 March Richard Exhall 'Notes of a Professional Musician'
- 19 April Lt Col Derek Kimberley 'Pageantry of Ceremonial Music'
- 17 May AGM. Raffle and group information
- 21 June Sue Edwards 'The Story behind the Painting'
- 19 July Dave Mackay History of Stanwick Lakes

Please would you ensure that you sign in the Visitors book when attending each Members meeting.

<http://u3asites.org.uk/thrapston>

Interest Groups

David Read is the group co-ordinator please contact him for any queries.

david.d.read@btinternet.com 01832 733407

Interest Group News

Bridge



Third Thursday of the month p.m. This is very much a social group and a means of introducing players so that they may subsequently meet in their own homes. There are places available in the group. Liz has also begun a group for beginners with practice meetings in addition to the main group. Liz Bryan 01832 734221

ebthrap@gmail.com



Card Making

Second and fourth Thursday – p.m. Irene Gandy 01832 732948. Still going strong.

Classical Music. This new group will take place on the third Wednesday afternoon of each month. With the first meeting on March 20th. I'm hoping we will also attend concerts, operas and Parties in the Park etc. Please sign up at the meeting or contact Glyn—
glynishill06@aol.com 01832 735797



Computers

First and fourth Fridays (third in February to accommodate the Member's meeting). This group is really going well. . The group can accommodate one or two more; please contact Margaret Bland 01832 732761
margaretbland@virginmedia.com

Creative Writing

Group continues to flourish. We now have two more members so have resorted to utilising patio chairs due to the increased number. It makes for a very cosy group! The commitment shown is amazing. We have had contributions sent in from group members holidaying in New Zealand and in The Caribbean. The topic for this month is 'Magic' and in April our title is 'Supper Party'. Contact Anne Barrowcliffe
annbee1@hotmail.co.uk

VISIT TO OXFORD Tuesday 19 March

The coach will leave the Co-op at 9.30 and drop off outside the Ashmolean There are hop-on, hop-off sightseeing buses every 20 minutes or a choice of walking tours from the Tourist Office and plenty else to do and see. THERE IS ONE SEAT STILL AVAILABLE (£14) Brenda 30225.

IRONBRIDGE

As there was quite a lot of interest in this proposed trip, I am gathering information on coach and admission costs and provision for the less able. This will be available at the April meeting when I will take names and deposits. Brenda 730226

VISIT TO ROCKINGHAM CASTLE—Monday May 20th £11 + coach

We are still taking names for a guided tour of the castle and gardens, we must have 20 people for the guided tour. Please see Margaret at the March meeting or phone 735040

Walks and wheels.

Tuesdays or Thursdays walk and/or cycle most weeks. They will recommence in April Please contact Rachel for details : 01832 734974 rachelk@uwclub.net

Walks 2

We had our first walk on 28th February. Despite the unfavourable walking conditions of the last few months, four of us set out on a slightly amended route. It was a sunny day, not too muddy and we had a very pleasant walk followed by a light lunch at the Vane Arms in Sudborough. It was a good start and hope to see a few more walkers on 28th March when we are starting from the Green Dragon in Brigstock at 10.00am. As you may be aware, there is no pub car park so it might be a good idea to car share. If anyone would like a lift perhaps you would contact me either by email - dennison987@gmail.com - or phone 01832 732724"

Tai Chi



The first meeting was extremely successful with 18 members. The regular sessions will start on 28 March and continue on the second and fourth Thursday afternoons. More details of venue to follow. More members welcome, please sign up at the member's meeting or contact Linda on ...linannvic2000@yahoo.co.uk ...01933 380244

Theatre Trips and Outings



Transport will almost always be provided and will pick up and drop off outside the Co-op in Thrapston. The cost of the coach will include the driver's tip. Once the theatre and coach companies have been paid, money paid cannot be refunded and members should try to find a replacement. If places are available, members may bring guests at an additional cost of £1. Cheques should be made payable to Thrapston and District U3A .

THE COMPLETE WORKS OF WILLIAM SHAKESPEARE—
ABRIDGED Saturday 13 April 7.30. at the Castle in Wellingborough. The tickets will be available for collection at the March meeting but if you are unable to attend please let me know and I will make other arrangements. I will also be sorting out the transport and will contact you direct regarding this." **Pauline 732724**

CATS—Milton Keynes Theatre 26 June 2013

There are still tickets available for the show, anyone wishing to go please give your name to Margaret at the March meeting or telephone 735040. All payments need to be collected at the March meeting as tickets need to be paid for in April. The coach will be paid later, at the moment we don't know the size of coach needed but I expect the cost to be in the region of £10, this will include a tip for the driver. Anyone not wishing to travel by coach please let us

De-stress and relax

1st Tues month 2pm There are now vacancies. At present we are learning about the properties of aromatherapy oils. I'm a trained holistic therapist, counsellor and hypnotherapist. Please contact Rachel Thompson 01832 734974 rachelk@uwclub.net

Discussion The group meets on every second Tuesday afternoon in the month .Topics range from Local Transport to Grandparent roles to The Right to Die. There are places for additional members:, please sign up at the meeting or contact Glyn Hill 01832 735797 glynishill06@aol.com

Gardening 1

First and third Wednesday of month at 3 p.m. One or two vacancies. Rachel Thompson 01832 734974 rachelk@uwclub.net

Gardening 2

The group has already planned their programme for year and visits include Anglesey Abbey next month, Barnsdale, Coton Manor Gardens and Kathy Brown's edible flower garden near Bedford.. One or two vacancies.Please contact: Margaret 01832732761 margaretbland@virginmedia.com

Lacemaking

We have an enthusiastic group who are beginners and we meet on the fourth Tuesday of the month. As well as Lacemaking we have visited the Lace and Craft Fair in Ely and plan a visit a Craft Fair in Nottingham later in the year. Space for two new members. Margaret Bland 01832 732761 margaretbland@virginmedia.com

English Do you wonder how our language originated; how the Romans and the French (not to mention the Vikings) influenced it and how it is still changing today? Can you tell your nouns from your adjectives and your metaphors from your eponyms – and does it matter anyway? Is it a moot point or a mute one? If your paper and envelopes are in your briefcase are they ever stationary? Can you have a preposition to end a sentence with? This group plans to meet monthly to look at all aspects of our own language, mostly just for pleasure. Sign up at the meeting or contact Glyn James glynjames@btopenworld.com or on 01832 733792

Books, Patchwork and weekend Lunch

All groups going well. Still reading books, currently Neville Shute, Patchworks still making a variety of items and weekenders still enjoying their lunches out. Contact Veronica Norwood 01832 731960 vdbbaker@taltalk.net

Family History

Members of the Family History Group are working hard on their research and are being very successful. The group will be open for additional members in March and anyone interested should contact Neil Busby, Group Leader. on 01832731047 or u3athrap-stonfh@gmail.com

French Revivers This new group will meet on the 2nd and 4th Wednesday in the month. The first meeting is on 13 March. If you would like more detail contact Glyn James glynjames@btopenworld.com or on 01832 733792

Jazz Appreciation

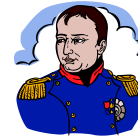
A programme has been agreed and the selection covers a cross section of Jazz genres. The group attends the monthly Sunday Live Jazz evenings at the Courtyard Hotel in Stanwick, followed by a group meeting the next Wednesday afternoon at 2 p.m. Vacancies for more members. Please contact Jo Hancock 01933 460764 johan1@aol.com

Luncheons

The lunch for March has been booked at the Dukes Arms in Woodford on Thursday 14h at 12 noon for a 12.30 pm. More group members welcome for April onwards, please put your names on the list at the March U3A meeting if you would like to join us.

Iris E Squires iesquires66@sky.com 01832 730434 .

Military History



Second Tuesday in the month. We met on Tuesday 12th March, topic Jewish involvement in WW2. We are 8 in number and have a full programme planned including two visits, we could take on 2 more members who would not have given a talk until next season. Please contact gerrymartin1@waitrose.com

Play reading The group has reconvened with a new format. New members welcome. Please sign up at the meeting or contact Liz Treacy 01832 733264 liz.treacy@talk21.com

Poetry Group

3rd Tuesday of the month 2pm. To meet and read your favourite poems, classics, less well known or your own compositions, you are also very welcome to come along just to listen. Rachel Thompson 01832 734974 rachelk@uwclub.net

Singing for fun

A potential new group awaiting expressions of interest and a leader. Please sign up at the monthly meeting. Please also let David Read know if you would be willing to lead this group.



South African and Zimbabwe Group



This group is up and running with six members so far, they normally meet on set Saturday lunchtimes at the Bridge Hotel.

If you are interested in joining please contact **Jacqui Brown** on 01832 733291 or e-mail jacqui.brown@virgin.net.