

What's On

Friday 17 May	Annual General Meeting
Saturday 18 May	Open Day at Islip Bowls Club
*Wednesday 22 May	'Enrich your future—staying sharp' Royal Society
Wednesday 19 June	Ironbridge Visit
Wednesday 26 June	CATS at Milton Keynes
Friday 16 August	Social Event
*13-16 September	Third Age Trust's National Conference, Nottingham
*Sunday 15 September	National U3A AGM at the East Midlands Conference Centre

*details on U3A website



Thrapston & District



From the Chair

It feels very strange that this is my last week as Chairman. It has been something of a journey and I'd like to thank the Steering Committee for their hard work in supporting the U3A's development.

I'm really proud of being a part of Thrapston and District U3A. Thank you to all members for your support.

I look forward to seeing you at the AGM. There will be a slightly different format in that there will be a coffee/tea break after the election of the Committee. Short presentations from Group Leaders will then follow. Signing for groups and paying for outings etc. will take place at the end of the meeting.

With best wishes, Glyn Hill glynishill06@aol.com

Membership Meetings and events

21 June	Sue Edwards 'The Story behind the Painting'
19 July	Dave Mackay History of Stanwick Lakes
19 July	Northamptonshire Network outing at Boughton House
16 August	Social Event
20 Sept	Brian Sumpton RSPB The Story of the Red Kite

Newsletter May 2013

- ♣ The AGM
- ♣ Membership meetings
- ♣ The Groups
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Annual General Meeting

Friday 17 May

10.30-12.00

The Plaza, Cosy Nook,
Thrapston

Agenda:

AGM followed by presentations by Group Leaders and raffle.

No charge for entry

Northamptonshire Network of U3As

A visit for Northamptonshire Network U3As has been arranged for **Friday 19th July 1 p.m.—5 p.m.** Boughton House has been booked for the afternoon, exclusively for U3A members.



Come and visit the ‘English Versailles’, the Northamptonshire home of the Dukes of Buccleuch and Queensberry. Explore the house and the beautiful grounds. The house displays a staggering collection of fine art including paintings, furniture, porcelain, weapons, textiles—including stunning pieces created for the French Royal Family. The colonnade features in the film, Les Miserables.

The cost is **£14.50 per person** which includes afternoon tea. Please book a place by 9 June either by email to glynishill06@aol.com or by signing up at the AGM. The closing date for paying for tickets is 21 June. They will be available at the meeting on that date and after the AGM on 17 May or please complete the booking form below and send it with a SAE and cheque payable to Thrapston and District U3A to Glyn Hill, 14 Foundry Walk, Thrapston, NN14 4LS.

Name/s

Membership No./s

No of tickets.....@£14.50 each Cheque for £.....enclosed

Name and address:

Tel. no.....

Walks and wheels.

Tuesday or Thursdays contact me for our weekly e-mail what's on, where and when to meet.

A selection of medium walks, including Tearooms where possible, with short alternatives planned.

I'm exploring the possibility of linear walks using the local busses.

Also a day hill walking in the Peak District for those more experienced walkers planned in June?

I'm staying at Haworth YHA 12th-15th July if anyone would like to join me to walk/ explore.

A good pair of comfy shoes/ boots is advisable as riverside paths are often muddy. Please contact Rachel for details : 01832 734974

rachelk@uwclub.net



Walks 2

The May walk is on Thursday 30 May at 9.45 from the Star Inn Geddington. Walking via Newton, Great and Little Oakley. 7 miles. All welcome. As usual, if anyone would like a lift then please contact me either by email den-nison987@gmail.com or phone 01832 732724.

Weekenders Meal

Latest Weekenders group met at Twywell and 9 of us had an enjoyable meal with good company.

Contact Veronica Norwood 01832 731960 vdbbaker@taltalk.net

Tai Chi



The Tai Chi Group meet every Thursday 2.00-3.30pm in the Methodist Church Hall. Cost £2. All welcome..

Contact Linda linanvic2000@yahoo.co.uk ...01933

380244

Theatre Trips and Outings



Transport will almost always be provided and will pick up and drop off outside the Co-op in Thrapston.

The cost of the coach will include the driver's tip.

Once the theatre and coach companies have been paid, money paid cannot be refunded and members should try to find a replacement. If places are available, members may bring guests at an additional cost of £1. Cheques should be made payable to Thrapston and District U3A .

IN THE PIPELINE

Visit to the Houses of Parliament; visit to Drayton House; 'To Sir with Love' at Northampton; a day in St Albans and 'The Buddy Holly Story' at Northampton.

IRONBRIDGE

The cost per person for this trip is £25 and is payable now. The cost includes the coach, driver's tip and entrance to the Victorian town site. Some of you have already paid a deposit of £12 and for you the balance is £13—due now. We will leave the Co-op at 8 a.n.. If you cannot get to the meeting please telephone Brenda 730225

Oundle U3A Invitation to a Classical Concert

A chance to hear a first rate concert at Bedford Corn Exchange on Sunday 16 June. The Philharmonic Orchestra conducted by **Vladimir Ashkenazy**, the world famous conductor, will be playing **Elgar's Violin Concerto** with James Ehnes on violin followed by **Beethoven's Symphony No. 6 - The Pastoral**. Cost of the trip will be **£23.75 per person** to include coach, concert ticket and tip for the driver. Coach will leave long stay car park in East Road Oundle at 6pm prompt. (there will be no time for meal so have a good Sunday lunch)

If you would like to go then either ring Nadine Edwards on 01832 274521 or email her at nadinecedwards@aol.com Payment by cheque to Oundle U3A secures your seat(s). Closing date for booking 31 May.

Social Event 16 August

The steering committee has set up a small group to plan this. Glyn will be asking for a show of hands to see whether there is enough interest. Present ideas are that we will have a barbecue at the sailing club but any other ideas very welcome. Please feel free to email Glyn glynishill06@aol.com

Interest Group News

Bowls This new group is off the ground! We meet on Tuesday at 6.30 until about 8 (not if raining).at Islip Club There is not charge while learning but donations are welcome. If you enjoy it a full member for season costs £25 until September. Footwear—flat shoes to bowl, otherwise wear whatever you like.

ALL members are welcome to an open day on Saturday the 18 May starting @ 2 pm till 4 pm. We have a bowls England rep to open our new extension to the pavilion which includes new changing rooms and toilets.

We also will be selling cream teas plants and cakes etc. Plus lots of free bowling, I hope the weather is good. Looking forward to meeting lots of new bowlers. From Peter Hales green keeper. ring Peter on 733452.

peterhales35@hotmail.com

Book group Despite some changes to the library service's organisation of borrowing books by book clubs we are going strong and enjoying a variety of reading and have selected titles for the forthcoming year. Contact Veronica Norwood 01832 731960 vdbbaker@taltalk.net



Bridge

The bridge group now meets on the 2nd Thursday of the month. New members of all abilities welcome. Contact Liz Bryan 01832 734221 ebthrap@gmail.com



Card Making

Second and fourth Thursday – p.m. Irene Gandy 01832 732948. Still going strong.

Classical Music. Meetings take place on the third Wednesday afternoon of each month. I'm hoping we will also attend concerts, operas and Parties in the Park etc. Please sign up at the meeting or contact Glyn—glynishill06@aol.com 01832 735797

Military History

Second Tuesday in the month. We are 8 in number and have a full programme planned including two visits, we could take on 2 more members who would not have give a talk until next season.

Please contact gerrymartin1@waitrose.com

Patchwork Patchworkers still sewing and producing their own choices of items from pin cushions to cot quilts and table-runners. Contact Veronica Norwood 01832 731960 vdbbaker@taltalk.net

Play reading This group is not running at present.

Poetry Group

Moved to the first Tuesday in the month. Join us to read or listen to a selection of poems, old favourites, something new, or your own compositions, everyone welcome. I have a great selection of books to browse through. We also discuss feelings and memories the poems evoke. Rachel Thompson 01832 734974 Rachelk@uwclub.net **We have a few spaces**

Singing for fun

A potential new group awaiting expressions of interest and a leader. Please sign up at the monthly meeting. Please also let David Read know if you would be willing to lead this group.

Gardening 1

Seeds, magazine and plant swaps, garden visits, help, advise and fun. We enjoyed a great day out at the Edible Garden Show watching presentations from Alys Fowler, Bob Flowerdew and James Wong with lots of idea's and inspiration. The group has moved to the first Wednesday.

This group is full.

. Rachel Thompson 01832 734974 rachelk@uwclub.net

Gardening 2

The group has already planned their programme for a year and visits have included a visit to Anglesey Abbey; Barnsdale, Coton Manor bluebells and Kathy Brown's edible flower garden near Bedford. One or two vacancies. Please contact: Margaret 01832732761 margaret.bland@virginmedia.com

Lacemaking

We have an enthusiastic group and we meet on the fourth Tuesday of the month. As well as Lacemaking we are visiting a lacemaking day in Rushden in July. Space for two new members. Margaret Bland 01832 732761 margaret.bland@virginmedia.com

Luncheons

If you have put your name forward for the September lunch and cruise on the Captains Table, I need a deposit of £5 per person as soon as possible please. The latest being the June meeting but I would like it before if possible. There are still a few places left if anybody else would like to join us. Please contact Iris Squires iesquires66@sky.com 01832 730434

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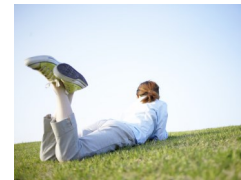
Computers

First and fourth Fridays . This group is really going well. The group can accommodate one or two more; Please contact Margaret Bland 01832 732761 margaret.bland@virginmedia.com



Creative Writing

The Creative Writing Group meets once a month on a Wednesday morning. Sadly there are no vacancies. Contact Anne Barrowcliffe annbee1@hotmail.co.uk



De-stress and relax

First Tuesday of the month 3pm.

At the moment we are learning about aromatherapy, the properties of various oils, how to use them safely and effectively . Each week we create a blend to take home and use. Other topics for the future may include Reiki, massage and guided visualisation. **We have a few spaces**

Please contact Rachel Thompson 01832 734974 rachelk@uwclub.net



Discussion Topics range from Local Transport to Grandparent roles to The Right to Die. There are places for additional members:, please sign up at the meeting or contact Glyn Hill 01832 735797 glynishill06@aol.com



English Language. No exercises, no written work, just discussion and exploration about what makes our language so interesting. We can probably just squeeze in one or two more members. No meeting in June; next one will be on 3 July.

Contact Glyn James glynjames@btopenworld.com or on 01832 733792

Family History

Members of the Family History Group are continuing with their research and are being very successful.

The group is open for additional members and anyone interested should contact Neil Busby, Group Leader on 01832731047 or u3athrapstonfh@gmail.com



French Revivers We're struggling on but we're not quite ready yet to work as translators at Brussels. We're doing our best to help each other and managing to enjoy ourselves. At present I'm afraid there are no spare places in the group

If you would like more detail contact Glyn James

glynjames@btopenworld.com or on 01832 733792



Jazz Appreciation

On Sunday 21st April at the Courtyard Hotel Stanwick members of the Thrapston & District U3A Jazz Appreciation Group were entertained by a brilliant performance from the Millennium Eagles Jazz Band.

Existing and new members enjoyed the privilege of reserved seating, also ensuring that no-one was left sitting alone. It was good to welcome new members to the group.

The next monthly meeting is at the Courtyard Hotel Stanwick on Sunday 21st May, 8pm start, £7 entry, featuring the Amy Roberts Band, voted winner of the Rising Star category in the British Jazz Awards in both 2009 and 2011.

So come along, enjoy the sounds of Jazz in convivial company, you will be assured of a warm welcome.

Plans are in progress for a return mini bus service to pick up at Thrapston, Woodford and Raunds, I will keep you informed of developments.

Also on Wednesday 22nd May there will be an informal meeting of the Jazz Appreciation Group at my home to discuss potential future Jazz outings.

Please contact me for address details and to reserve your seat at the Amy Roberts Band evening. Jo Hancock

johan17@aol.com

01933 460764